



Stuck indoors on a rainy day? Let your little one pick a square. Each square shows a picture, so toddlers can choose just by pointing — no reading needed. Play it, color the circle, and try for a line across, down, or diagonally. Bingo!



Sticker Fun

stick them anywhere



Paper Tearing

rip & scrunch



Color Hunt

find 5 red things



Big Scribbles

on a giant sheet



Towel Play

roll & stack



Pick a Book

choose 3 to read



Cup Stacking

how high?



Coloring

your favorite colors



Balloon Bop

with a grown-up



Footprint Path

step on towels only



Box Blocks

stack them tall



Roll & Catch

use a paper tube



Free Choice

anything goes!



Sock Toss

aim for a basket



Finger Songs

sing together



Pretend Shop

"here you go!"



Puzzle Time

pick one to finish



Dance Break

to a favorite song



Play Dough

squish & roll



Shaker Bottle

shake & listen



Listen to Rain

by the window



Tidy-Up Race

who's faster?



Find the Snail

hidden in a book



Water Cups

pour at bath time



Cozy Rest

snuggle & relax



1 Choose

In the morning or whenever boredom strikes, let your child point to a square. The pictures mean no reading is required.

2 Play & mark

























When the activity is done, color the circle or add a sticker. A simple "You did it!" goes a long way.

⚠ Safety first. Before playing, check the floor for slip hazards and keep small parts away from children who still mouth objects. Balloons and small items are a choking risk — supervise closely and follow age guidance on packaging.





Pick your own mission for today! Choose a square and take on the challenge. Color the circle when you clear it. Line up a row across, down, or diagonally for Bingo. See how many you can complete over a week.

<p>1</p>  <p>Treasure Hunt follow the clues</p>	<p>2</p>  <p>Cup Tower reach 10 levels</p>	<p>3</p>  <p>Play Shop serve 3 customers</p>	<p>4</p>  <p>Paper Ball make the biggest</p>	<p>5</p>  <p>Paper-Plate Face make it smile</p>
<p>6</p>  <p>Box Fort cut out a window</p>	<p>7</p>  <p>Beat the Puzzle time yourself</p>	<p>8</p>  <p>Paper Flowers tape to the window</p>	<p>9</p>  <p>Pretend Café write a menu</p>	<p>10</p>  <p>Straw Build what can you make?</p>
<p>11</p>  <p>Rhythm Game clap a beat</p>	<p>12</p>  <p>Word Chain keep it going x10</p>	<p>Free Mission make your own!</p>	<p>13</p>  <p>Target Toss use a sock ball</p>	<p>14</p>  <p>Read Aloud finish one book</p>
<p>15</p>  <p>Mission Card draw & complete</p>	<p>16</p>  <p>Balance Walk on towels only</p>	<p>17</p>  <p>Dress-Up Play become someone</p>	<p>18</p>  <p>Count It Up things in the room</p>	<p>19</p>  <p>Make a Maze let family solve it</p>
<p>20</p>  <p>Rainy Drawing draw today's sky</p>	<p>21</p>  <p>Clean-Up Hero how much in 5 min?</p>	<p>22</p>  <p>Animal Quiz take turns asking</p>	<p>23</p>  <p>Balloon Volley keep it up — count!</p>	<p>24</p>  <p>Team Up split the roles</p>

1 One or two a day
Pick a square in the morning and another after the day's done — one sheet lasts all week. Weekends are great for a "3-square challenge."

2 Line up for Bingo
Color the circle when you clear a mission. Complete a row across, down, or diagonally for Bingo! Fill the whole card for a reward.

⚠ Safety first. Clear slip and bump hazards before active play, and watch small parts for choking. In apartments, choose quieter games like treasure hunts over running and jumping. On warm, humid days, check the room temperature and offer water often.































Build a bingo card around your family's go-to activities. Draw a little picture in each box and add a word or two. Use the games your child loves and the supplies you have on hand — that's what makes it work.

Name _____

Date _____

draw _____ _____ 	draw _____ _____ 	draw _____ _____ 	draw _____ _____ 	draw _____ _____ 
draw _____ _____ 	draw _____ _____ 	draw _____ _____ 	draw _____ _____ 	draw _____ _____ 
draw _____ _____ 	draw _____ _____ 	 Free Choice anything goes! 	draw _____ _____ 	draw _____ _____ 
draw _____ _____ 	draw _____ _____ 	draw _____ _____ 	draw _____ _____ 	draw _____ _____ 
draw _____ _____ 	draw _____ _____ 	draw _____ _____ 	draw _____ _____ 	draw _____ _____ 

1 Fill it in

In each box, draw a picture or write the activity name. Everyday favorites like "stickers" or "tearing paper" are perfect.

2 Play & mark

After playing, color the circle or add a sticker. Line up a row across, down, or diagonally for Bingo!




⚠ Safety first. When choosing activities to write in, watch for choking, falls, and small parts, and pick age-appropriate options. Check age guidance on balloons and small items.



Write your own missions to fit your class or family. Mix in activities, sibling games, and small chores to create a card that's all your own. The numbered badges pair nicely with a set of mission cards.

Name / Class

Dates

1 draw _____ _____	2 draw _____ _____	3 draw _____ _____	4 draw _____ _____	5 draw _____ _____
6 draw _____ _____	7 draw _____ _____	8 draw _____ _____	9 draw _____ _____	10 draw _____ _____
11 draw _____ _____	12 draw _____ _____	 Free Mission make your own!	13 draw _____ _____	14 draw _____ _____
15 draw _____ _____	16 draw _____ _____	17 draw _____ _____	18 draw _____ _____	19 draw _____ _____
20 draw _____ _____	21 draw _____ _____	22 draw _____ _____	23 draw _____ _____	24 draw _____ _____

1 Write the missions

Fill each square with an activity or chore. A quick sketch in the "draw" box helps pre-readers choose on their own.

2 Line up for Bingo


Color the circle when a mission is cleared. A full row across, down, or diagonally wins! Set it over a week or a month.

⚠ Safety first. Match the activities you write to each child's age, the group size, and the indoor space. Avoid running and jumping in apartments, and on warm, humid days watch room temperature and hydration.





A completely blank bingo card — choose any theme you like. "Rainy day play," "helping at home," "summer challenges" — adapt it to the season or goal. Write a theme at the top, then fill in the squares.

Theme	Name	Dates		
<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>
<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>
<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	 Free Space anything goes!	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>
<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>	<div style="border: 1px solid #ccc; padding: 5px; min-height: 100px;"></div>
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1 Pick a theme & fill in
 Write your goal in the **theme line**, then add games, challenges, or chores to each square. Sketch a picture in any empty box.

2 Mark when done
 Color the circle or add a sticker as you go. **Line up a row for Bingo.** Copy it and reuse as many times as you like.





Turn your bingo picks into a simple weekly plan. Instead of asking "what should we do today?" every morning, jot down one activity per day and the start comes much easier. Use it alongside the bingo cards (pages 1-5).

Name _____

Week of _____

Day	After School / Morning Pick	One More / 3-Square Challenge	Done!
Mon / _____	TODAY'S PICK _____	_____ _____	 color or sticker
Tue / _____	TODAY'S PICK _____	_____ _____	 color or sticker
Wed / _____	TODAY'S PICK _____	_____ _____	 color or sticker
Thu / _____	TODAY'S PICK _____	_____ _____	 color or sticker
Fri / _____	TODAY'S PICK _____	_____ _____	 color or sticker
Sat / _____	WEEKEND · 3-SQUARE CHALLENGE _____	_____ _____	 3 = complete
Sun / _____	WEEKEND · 3-SQUARE CHALLENGE _____	_____ _____	 3 = complete

WEEKDAYS

15 minutes after school

On busy days, just 15 minutes. Pick one square from the bingo card and write it in that day's row.

WEEKEND MORNINGS

3-square challenge

Choose three activities and do them all. The Sat & Sun rows have three stars for three squares.

LONG RAINY DAY

Complete a full line

With more time, aim to fill one whole bingo line (5 squares). Treat the free space as a little reward.

⚠ Safety first. Adjust the plan to each day's energy and indoor conditions. On warm, humid days check the room temperature and offer water often. It's perfectly fine if some days don't go as planned.

